

# Wound Care: Challenges and Solutions



## Course Description

Patients with multiple comorbidities often present with chronic, painful, non-healing wounds that require a comprehensive approach to care. This seminar will provide the clinician with tools for assessment, factors that impede healing, identification of different types of wounds, wound dressing choices/categories, skin care strategies for prevention of wounds and actual patient case studies. There will also be a portion for hands-on dressing samples and discussion for usage.

## Program Learning Outcomes

*This program prepares the learner to:*

- Discuss and develop skills to provide a comprehensive assessment of wounds.
- Discuss strategies for effective documentation of wounds.
- Identify different types of wounds: characteristics of pressure, arterial and venous ulcers, neuropathic wound and discuss how to treat them.
- Recognize factors that promote and impede wound healing.
- Select treatment options and wound dressings based on wound assessment, etiology and goal of wound care.
- Identify strategies for prevention of wounds and effective skin care.

## Agenda

*Sign-in begins at 7:30 am.* The day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

### 8:00 am to 4:00 pm

- 0800 **Welcome and Introduction**
- 0815 **Skin, Physiology and Phases of Wound Healing**  
Anatomy and Physiology of Skin | Skin Integrity and Aging Skin | Factors that Complicate Wound Healing
- 0900 **Comprehensive Wound Assessment**  
Phases of Wound Healing | Moist Wound Healing vs. Scabbing
- 0945 **Break**
- 1000 **Principles of Wound Bed Preparation**  
Identification of Granulation, Slough and Necrotic Tissue | Types of Debridement | How to Identify Wound Infection
- 1030 **Wound Types and Etiologies**  
Pressure, Arterial and Neuropathic Wounds | Deep Tissue Injury | Incontinence Associated Dermatitis | Surgical/Acute Wounds | Fistulas | Fungating/Cancer Lesions
- 1200 **Lunch**
- 1300 **Dress for Success: The Many Wound Dressing Options**  
Dressing Categories | Selecting Dressings for Formulary | Dressing Samples
- 1400 **Wound Prevention Strategies**  
Alternative Therapies | Offloading Devices | Skin Care
- 1415 **Break**

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- 1430 **Documentation Tips**  
Tools Used for Wound Documentation and Healing | Charting Prevention Measures and Patient Declines | The Unavoidable Wound
- 1445 **Understanding Wound Pain and Treatment Options**  
Palliative vs. Curative Approach to Wound Care | Holistic Care | Education of Caregivers | Preserving Dignity and Comfort
- 1545 **Actual Patient Case Studies | Q & A Session**
- 1600 **Adjourn**

## Accreditation

### RN/LPN/LVN/Other: 6.5 Contact Hours

MED-ED, Inc is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

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If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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